

**2021 U.S. Masters Swimming 5K ePostal National Championship  
Women**

Age Group	Place	First Name	Last Name	Age	Club Abbr	USMS Number	Time	Quality Points	USMS Record
<b>18-24</b>	1	Katherine	Reed	22	MMSW	381G-0BAEC	1:17:50.09	824	
<b>30-34</b>	1	Lindsay	Flores-Gaudinier	32	WCM	3813-06NAP	1:08:57.12	914	
	2	Rachel	Flinn	30	NEM	021K-09NDS	1:13:51.56	853	
	3	Kay	Wakeman	34	VMST	1218-074ZM	1:28:48.29	710	
	4	Tricia	Baldwin	31	SKY	411Z-06XAE	1:51:05.90	567	
<b>35-39</b>	1	Alexis	Higlett	38	OREG	371X-0B4SC	1:12:01.17	881	
	2	Sarah	Swoch	36	SPM	141T-02TVT	1:16:31.00	829	
	3	Sarah	Harriman	38	PALM	551Y-0A663	1:17:37.30	818	
	4	Rebecca	Latimer	39	VMST	121N-023UP	1:27:51.99	722	
	5	Erin	Sheehan	36	NICK	0414-0B39M	1:34:37.99	671	
	6	Sarah	King	38	CONN	051G-07PBT	2:31:03.92	420	
<b>40-44</b>	1	Anna	Hern	41	UC48	4814-MCYEG	1:26:32.07	727	
	2	Calan	Chandler	41	PBM	501R-0B1Y5	1:31:43.99	686	
	3	Caroline	Pieroni	41	SKY	4117-C304N	2:07:14.99	494	
<b>45-49</b>	1	Stephanie	Henry	47	IM	2114-09R25	1:17:35.61	831	
	2	Suzanne	Dearworth	49	PBM	501U-027H7	1:17:40.24	830	
	3	Anicia	Criscione	48	OREG	371R-EYEEM	1:19:13.56	813	
	4	Marlis	Sidletsky	46	PALM	551R-05P2K	1:30:02.34	716	
	5	Diana	Brodeur	46	LSM	2618-05T4R	1:38:09.00	657	
	6	Leslie	Brown	48	SKY	4114-05RSY	1:52:20.99	574	
	7	Jessica	Howington	45	SKY	411D-020WX	1:55:54.83	556	
<b>50-54</b>	1	Alison	Hayden	50	SPM	141G-045GD	1:08:33.49	956	
	2	Julie	May	54	SKY	411Z-06T3A	1:19:18.76	826	
	3	Paula	Pardy	53	SDPM	5414-PKP27	1:21:54.83	800	
	4	Robyn	Addie	52	UC12	121M-02E5P	1:24:04.99	779	
	5	Cheryl	Morgen	52	OREG	371C-026FA	1:26:04.99	761	
	6	Jennifer	Ackerman	54	SKY	4115-2MS6S	1:38:26.99	665	
	7	Flavia	Medlin	54	O*H*	181H-02RHK	1:56:08.99	564	
	8	Cindy	Cotter	54	NICK	0419-0ABY5	2:06:44.99	517	
<b>55-59</b>	1	Laurie	Hug	56	1776	081Z-0226X	1:12:01.07	898	
	2	Kimberly	Elsbach	58	DAM	381Y-D0NUT	1:12:44.80	889	
	3	Marcia	Cleveland	57	IM	211M-MC944	1:23:07.61	778	
	4	Cathy	Goodwin	56	PBM	501K-08CWV	1:33:03.99	695	
	5	Norma	DeGuenther	59	TBAM	1415-065VR	1:46:33.49	607	
	6	Frances	Jones	59	SKY	411X-01WEE	1:47:12.00	603	
	7	Jennifer	Phalen	57	DAM	381B-JENNY	1:52:47.29	573	
	8	Heather	Kemp	55	SKY	411C-2TJ9X	1:55:34.00	559	
	9	Heidi	Bettendorf	57	PBM	501U-0B0PC	2:04:55.99	517	
<b>60-64</b>	1	Betsy	Hanson	60	OREG	371C-03D7C	1:24:10.09	829	
	2	Jean	Dentinger	61	SKY	411R-01PJZ	1:36:47.47	721	
	3	Nancy	Ackerson	60	SKY	411J-01WR3	1:43:06.99	677	
	4	Pamela	Ogden	64	MINN	3016-024JH	1:44:56.99	665	
	5	Joan	Gamso	64	UC14	141W-02TBP	1:47:56.29	647	
	6	Tamara	Burton	63	PBM	5016-099CG	1:59:23.99	584	
<b>65-69</b>	1	Karen	Einsidler	65	SHARK	141X-01S73	1:13:57.87	1,028	Y
	2	Catherine	Rust	68	PBM	5013-06WNH	1:23:32.99	910	
	3	Darcy	LaFountain	66	PBM	501D-0212Z	1:26:43.28	877	

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<b>65-69</b>	4	Joan	Craffey	68	PBM	501A-06MBR	1:30:14.99	843	
	5	Jo Ann	Harrelson	65	SPM	141W-02RWB	1:36:19.99	789	
	6	Jeanna	Summers	67	OREG	371P-000PT	1:41:11.15	751	
	7	Karen	Lewin	65	PBM	501S-06124	1:52:54.44	673	
	8	Susan	Ashbaugh	68	TBAM	1411-02RTC	1:53:10.19	672	
<b>70-74</b>	1	Shirley	Loftus-Charley	70	VMST	121G-WATER	1:18:53.22	1,110	Y
	2	Meredith	Moore	72	SHARK	1418-01S4X	1:37:53.81	894	
	3	Nancy	Van Ast	70	PALM	5519-01GW5	1:40:53.94	867	